

FERN CONSTITUENTS: CYCLOARTANE TRITERPENOIDS AND ALLIED COMPOUNDS FROM *POLYPODIUM FORMOSANUM* AND *P. NIPONICUM*

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Key Word Index—*Polypodium formosanum*; *P. niponicum*; Polypodiaceae; cycloartane triterpenoids; (24*R*)-cycloaudenyl acetate; (24*R*)-cyclomargenyl acetate; 24-ethyl-9,19-cyclolanost-25-en-3 β -yl acetate; (24*R*)-4 α ,24-dimethylcholesta-7,25-dien-3 β -yl acetate; (24*R*)-4 α -methyl-24-ethylcholesta-7,25-dien-3 β -yl acetate.

Abstract—From the rhizomes of *Polypodium formosanum*, new triterpenoids of the cycloartane group, (24*R*)-cycloaudenol and (24*R*)-cyclomargenol, were isolated as the corresponding acetates, alcohols and ketones, and their structures were established. Also, from the rhizomes of *P. niponicum* eight acetates of cycloartane derivatives and two acetates of new methyl sterols were isolated and characterized.

INTRODUCTION

In a previous paper [1] we reported the isolation and characterization of pentacyclic triterpenoids, 15 compounds of the oleanane and migrated oleanane groups, and 12 compounds of the hopane and migrated hopane groups from the rhizomes of *Polypodium niponicum* Mett. ('Aonekazura' in Japanese) and *P. formosanum* Baker ('Taiwan-aonekazura'). This paper deals with the identification of 12 kinds of cycloartane triterpenoids including six new compounds, and two new methyl sterols isolated from the same sources.

RESULTS AND DISCUSSION

Cycloartane triterpenoids of the rhizomes of Polypodium formosanum [2]

Three fractions (see Experimental) obtained from the same material, from which we reported pentacyclic triterpenoids earlier [1], afforded a mixture (1:1) of two new compounds, (24*R*)-cycloaudenyl acetate (**1a**) and (24*R*)-cyclomargenyl acetate (**1b**) [3]; another mixture (1:1) of the corresponding alcohols, **2a** and **2b**; and a third mixture (1:1) of the corresponding ketones, **3a** and **3b**, respectively. Separation of the mixtures was rather difficult and was achieved by repeated chromatography on silica gel impregnated with 20% silver nitrate, preparative GC, and/or HPLC on a reversed phase column.

For compound **1a**, mp 127–128°, $[\alpha]_D^{25} + 53.5^\circ$, elemental analysis and a molecular ion peak in the mass spectrum indicated the molecular formula $C_{33}H_{54}O_2$. The IR spectrum of **1a** showed the presence of a terminal methylene, an acetoxyl and a cyclopropane methylene group. The mass spectral fragments (Table 1) [4, 5] and the 1H NMR spectrum (Table 2) [6, 7] of **1a** were almost superimposable with those of the known cycloaudenyl acetate (**1c**), mp 121°, $[\alpha]_D^{25} + 55^\circ$, of opium origin [8, 9], but a mixture of **1a** and **1c** melted at below 115° to provide evidence that the compounds were not identical.

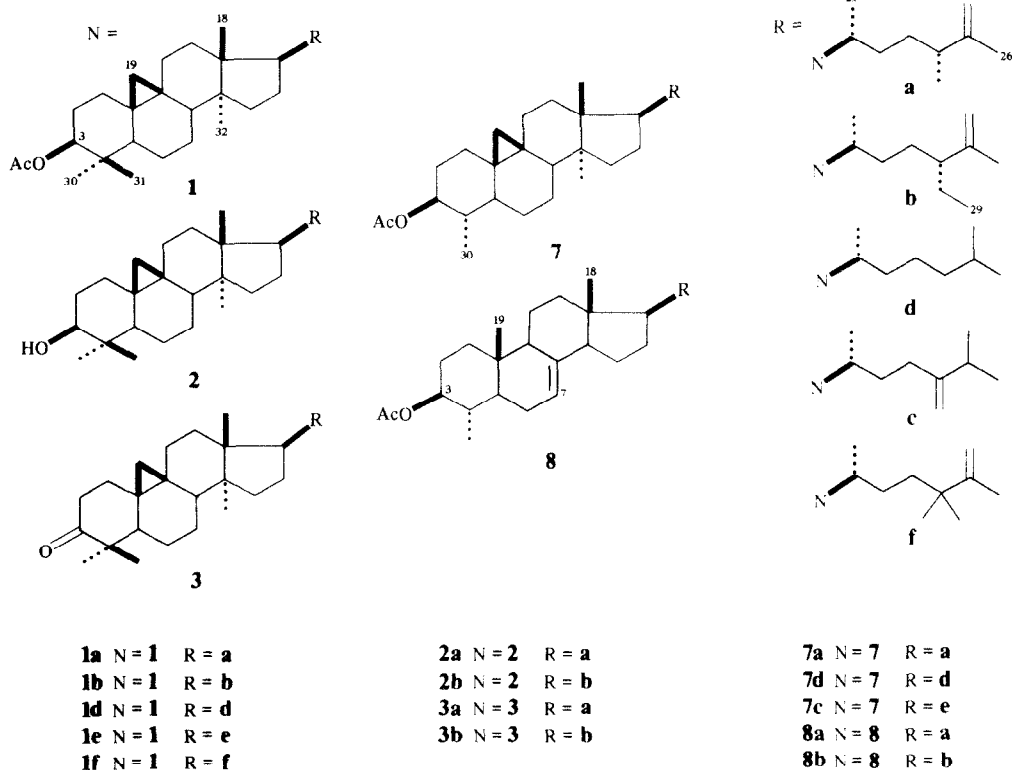
Careful ozonolysis of **1a** followed by treatment with

zinc powder and acetic acid, or osmium tetroxide and lead tetraacetate oxidation in a neutral condition afforded a methyl ketone (**4a**). The mass spectrum of **4a** showed appropriate shifts to mass numbers higher by two for the molecular ion and fragment ions containing the side chain, and the 1H NMR spectrum (Table 2) indicated downfield shifts of the C-26 protons to δ 2.128 (s) and C-28 protons to δ 1.084 (d), and absence of C-27 methylene signals. These facts indicated the presence of the methyl ketone at the end of the side chain. Compound **4a** was further oxidized with oxygen in *t*-butanol–tetrahydrofuran with potassium *t*-butoxide [10], followed by acetylation to give another methyl ketone (**5a**). From the mass spectrum (further shifts to mass numbers lower by 28 for the molecular ion and ions containing the side chain) and the 1H NMR spectrum [downfield shift of C-28 protons to δ 2.140 (s)] and the absence of signals for the C-26 and C-27 hydrogens the structure of **5a** was confirmed.

On the other hand, **1c** was also oxidized in the same way as **1a** to afford the first methyl ketone (**4c**) and the second one (**5c**). As the identities of **5a** and **5c** were proved by mixed melting point determination, GLC and IR, 1H NMR and mass spectra, **1a** was established as having the same structure as **1c** except for the absolute configuration at C-24.

Compound **1b**, $C_{34}H_{56}O_2$, exhibited an IR spectrum that closely resembled that of **1a**. The fact that the chemical shifts of the protons in **1b** attached to C-3, C-18, C-19, C-21, C-30, C-31 and C-32 were almost identical to those of **1a** and **1c** (Table 2), suggested that **1b** had the same structure of the cycloartane nucleus, including the configuration at C-20. The proton signals of **1b** were markedly different from those of **1a** and **1c** at a methyl (C-26), a terminal methylene (C-27) and a triplet methyl [C-29, instead of a doublet methyl (C-28) in **1a** or **1c**]. Similarly, **1b** provided a mass spectrum with shifts to mass numbers higher by 14 for the molecular ion and ions containing the side chain, and therefore the presence of an ethyl group at C-24 was suggested.

Oxidation of **1b** in the same way as **1a** gave a methyl ketone (**4b**). The mass spectrum (Table 1, shifts to mass



numbers higher by two for the molecular ion and fragment ions containing the side chain) and the ^1H NMR spectrum [Table 2, downfield shifts of the C-26 protons to δ 2.108 (s) and the C-29 protons to δ 0.868 (t)] of **4b** clearly demonstrated its methyl ketone structure. Compound **4b** was further oxidized to give an ethyl ketone (**5b**), and its structure was also confirmed by the mass spectrum (Table 1, further shifts to mass numbers lower by 28 for the molecular ion and ions with side chain) and the ^1H NMR spectrum (Table 2, a clear triplet at δ 1.046 assigned to the C-29 protons).

Proof for the configuration at C-24 of **1a** and **1b** was accomplished by measuring the circular dichroism (CD) curves of **4a** and **4b** and comparing them with those of **4c**, **4a'** and **4c'**, which were obtained by alkaline treatment of **4a** and **4c**, respectively. As shown in Fig. 1, the curves of **4a** and **4b** were quite similar and found to be opposite to that of **4c**, centring at those of **4a'** and **4b'**. The CD curve of (3*R*)-(–)-3,7-dimethyloctan-2-one (**6**), derived from (+)-citronellol [11], was also used as a reference to confirm the absolute configuration. Hence **4a** and **4b** were clearly demonstrated to have (24*R*)- and **4c** (24*S*)-configurations, respectively; **1a** and **1b** were concluded to have (24*R*)- and **1c** (24*S*)-configurations [9].

The free alcohols, (24*R*)-cyclolaudenol (**2a**) and (24*R*)-cyclomargenol (**2b**), were separated as acetates, each component of which was proved to be identical to **1a** and **1b**. The mass spectrum (Table 1) and ^1H NMR spectrum (Table 2) of **2a** and **2b** were found to be consistent with the structure proposed.

The ketones, (24*R*)-cyclolaudenone (**3a**) and (24*R*)-cyclomargenone (**3b**), were also separated by preparative GC from the mixture. The identity of **3a** and **3b** with the

compounds obtained from **2a** and **2b** by CrO_3 -pyridine oxidation, respectively, were proved by mixed melting point determination and IR, mass and ^1H NMR spectra.

Compounds **1a** and **1b** were also found in other polypodiaceous ferns: *Drynaria foutunei* J. SM. and *Pseudodrynaria coronans* Ching [3]. Two 24-ethyl-cycloart-25-en-3 β -ols, polysthicol [12] and tryphylol [13], were also reported recently.

Cycloartane triterpenoids and methyl sterols of the rhizomes of *Polypodium niponicum*

Fresh material was subjected to investigation of the triterpenoids and sterols of these types. The components obtained were quite different from those of *P. formosanum* and the presence of the acetates of eight kinds of cycloartane derivatives was proved but no alcohols or ketones were isolated.

The cycloartane triterpenoid fraction was chromatographed on 20% silver nitrate impregnated silica gel to give seven fractions, as shown in Table 3 with their GC/MS data. Each fraction was separated by HPLC into individual compounds and their structures were established as described below.

The least polar fraction, ND-21, consisted of three compounds: **7d**, **1d** and a hopane derivative, dryocrassyl acetate [1]. Compound **7d** had the molecular formula $\text{C}_{31}\text{H}_{52}\text{O}_2$, which indicated the corresponding alcohol to be $\text{C}_{29}\text{H}_{50}\text{O}$. The mass (Table 1) and ^1H NMR (Table 2) spectra of **7d** clearly demonstrated that **7d** lacked a methyl group (C-31) in the nucleus part of the molecule, and had a C_8H_{17} -side chain. Thus, **7d** must be 31-norcycloartanyl

Table 1. GC and EIMS data of cycloartane triterpenoids and 4-methyl sterols

	RR_i	$[M]^+$	Fragments (ref. int.) 70 eV
(24 <i>R</i>)-Cyclaudenyl acetate (1a)	4.61	482 (31)	467 (13), 422 (100), 407 (39), 379 (24), 357 (10), 353 (16), 300 (50), 297 (27), 175 (50)
(24 <i>R</i>)-Cyclomargenyl acetate (1b)	5.6	496 (31)	481 (12), 436 (100), 421 (37), 393 (18), 367 (15), 357 (10), 314 (42), 297 (23), 175 (42)
(24 <i>S</i>)-Cyclolaudenyl acetate (1c)	4.60	482 (30)	467 (13), 422 (100), 407 (56), 379 (24), 357 (19), 353 (19), 300 (46), 297 (23), 175 (42)
Cycloartanyl acetate (1b)	3.73	470 (6)	455 (5), 410 (10), 395 (80), 367 (38), 341 (42), 297 (44), 288 (22), 255 (10), 203 (48), 191 (30)
24-Methylencycloartanyl acetate (1e)	4.66	482 (6)	467 (5), 422 (100), 407 (95), 355 (44), 353 (42), 300 (54), 297 (41), 281 (37), 203 (95), 189 (50)
24,24-Dimethylcycloart-25-enyl acetate (1f)	5.70	496 (7)	481 (3), 436 (100), 421 (85), 393 (33), 369 (37), 314 (17), 297 (56), 255 (22), 203 (81)
(24 <i>R</i>)-Cyclaudenol (2a)	3.51	440 (57)	425 (62), 422 (100), 407 (80), 379 (25), 353 (22), 315 (20), 300 (64), 297 (26), 175 (59)
(24 <i>R</i>)-Cyclomargenol (2b)	4.40	454 (53)	439 (48), 436 (90), 421 (100), 393 (27), 367 (18), 315 (21), 314 (40), 297 (18), 175 (39)
(24 <i>R</i>)-Cyclomargenone (3a)	3.64	438 (100)	423 (19), 395 (7), 313 (43), 300 (28), 175 (19)
(24 <i>R</i>)-Cyclomargenone (3b)	3.95	452 (100)	437 (19), 409 (4), 314 (33), 313 (42), 175 (19)
(24 <i>R</i>)-26-Nor-25-oxocyclolaudenyl acetate (4a)	6.01	484 (10)	469 (4), 424 (100), 409 (80), 381 (27), 357 (14), 355 (35), 302 (35), 297 (53), 175 (51)
(24 <i>R</i>)-26-Nor-25-oxocyclomargenyl acetate (4b)	7.89	498 (12)	483 (9), 438 (100), 423 (62), 395 (21), 369 (23), 357 (20), 316 (56), 297 (45), 175 (100)
(24 <i>S</i>)-26-Nor-25-oxocyclolaudenyl acetate (4c)	6.01	484 (15)	469 (3), 424 (100), 409 (74), 381 (23), 357 (7), 355 (35), 302 (25), 297 (53), 175 (39)
26,27-Bisnor-24-oxocycloartanyl acetate (5a)	5.71	456 (8)	441 (8), 396 (71), 381 (62), 357 (9), 353 (19), 327 (19), 274 (46), 297 (30), 175 (100)
27-Nor-24-oxocycloartanyl acetate (5b)	7.92	470 (8)	455 (6), 410 (71), 395 (52), 367 (16), 357 (12), 341 (21), 288 (45), 297 (37), 175 (100)
31-Norcyclolaudenyl acetate (7a)	3.93	468 (8)	453 (8), 408 (100), 393 (89), 356 (16), 300 (16), 283 (37), 201 (44), 189 (47)
31-Norcycloartanyl acetate (7d)	3.18	456 (13)	441 (14), 396 (100), 381 (68), 341 (17), 288 (23), 283 (33), 206 (19), 189 (23)
Cycloeculenyl acetate (7e)	3.93	468 (3)	453 (3), 408 (100), 393 (94), 353 (19), 300 (10), 283 (36), 241 (19), 201 (28), 189 (53)
(24 <i>R</i>)-4 α ,24-Dimethylcholesta-7,25-dien-3 β -yl acetate (8a)	3.69	454 (36)	439 (20), 394 (8), 379 (10), 370 (13), 327 (100), 287 (13), 269 (39), 241 (21), 227 (41)
(24 <i>R</i>)-4 α -Methyl-24-ethylcholesta-7,25-dien-3 β -yl acetate (8b)	4.08	468 (31)	453 (20), 408 (6), 393 (9), 370 (25), 327 (100), 269 (29), 241 (17), 227 (30)
(24 <i>R</i>)-4 α ,24-Dimethylcholesta-7,25-dien-3 β -ol (9a)	2.78	412 (48)	397 (25), 379 (5), 328 (10), 213 (7), 285 (100), 269 (25), 245 (13), 241 (11), 227 (19)
(24 <i>R</i>)-4 α -Methyl-24-ethylcholesta-7,25-dien-3 β -ol (9b)	3.52	426 (30)	411 (22), 408 (4), 393 (5), 328 (30), 313 (10), 285 (100), 269 (24), 245 (16), 241 (11), 227 (19)
(24 <i>R</i>)-4 α ,24-Dimethylcholesta-7,25-dien-3-one (10a)	2.87	410 (14)	395 (10), 326 (6), 312 (7), 311 (7), 283 (100), 269 (9), 258 (14), 243 (25),
(24 <i>R</i>)-26-Nor-25-oxo-4 α ,24-dimethylcholest-7-en-3 β -yl acetate (11a)	3.83	456 (78)	441 (18), 396 (85), 381 (35), 269 (100), 343 (17), 227 (71)
(24 <i>R</i>)-26-Nor-24-oxo-4 α -methyl-24-ethylcholest-7-en-3 β -yl acetate (11b)	5.03	470 (75)	455 (20), 410 (100), 395 (37), 327 (27), 269 (75), 227 (50)
4 α -24-Dimethylcholest-8 (14)-en-3 β -yl acetate (12a)	5.37	456 (34)	441 (100), 396 (5), 327 (25), 269 (29), 243 (19), 227 (30)

Fragments in italic are some of the most characteristic features.

Table 2. ¹H NMR chemical shifts of cycloartane triterpenoids and 4-methyl sterols (δ, CHCl₃, 100 MHz)

Compound	Methyl or methylene signals of										3α-Protons	Acetyl methyl
	C-30	C-31	C-19	C-32	C-18	C-21	C-28/29	C-26	C-27			
1a	0.888	0.846	0.334 <i>d</i> , 0.504 <i>d</i> (4.2)	0.888	0.960	0.860 <i>d</i> (7.0)	0.992 <i>d</i> (7.0)	4.660, 4.670	1.640	4.54 <i>br dd</i> (10.8, 5.0)	2.044	
1b	0.880	0.846	0.334 <i>d</i> , 0.574 <i>d</i> (4.2)	0.888	0.954	0.860 <i>d</i> (6.0)	0.806 <i>t</i> (7.8)	4.652 <i>d</i> , 4.720 <i>ddd</i> (2.4) (2.4, 1.4, 1.4)	1.574	4.54 <i>br dd</i> (10.6, 5.3)	2.052	
1c	0.888	0.846	0.334 <i>d</i> , 0.574 <i>d</i> (4.2)	0.888	0.960	0.860 <i>d</i> (6.5)	0.992 <i>d</i> (7.0)	4.658, 4.670	1.640	4.54 <i>br dd</i> (10.7, 5.1)	2.044	
1d	0.894	0.846	0.334 <i>d</i> , 0.580 <i>d</i> (4.2)	0.894	0.960	0.870 <i>d</i> (5.0)	—	0.872 <i>d</i> (6.0)	0.872 <i>d</i> (6.0)	4.54 <i>br dd</i> (10.0, 5.0)	2.046	
1e	0.890	0.848	0.340 <i>d</i> , 0.578 <i>d</i> (4.1)	0.890	0.966	0.868 <i>d</i> (5.0)	4.668 <i>br s</i> 4.714 <i>br s</i>	1.028 <i>d</i> (6.8)	1.028 <i>d</i> (6.8)	4.58 <i>br dd</i> (10.9, 5.2)	2.050	
1f	0.884	0.846	0.332 <i>d</i> , 0.572 <i>d</i> (4.4)	0.888	0.946	0.872 <i>d</i> (6.5)	1.014 1.014	4.662 <i>d</i> , 4.718 <i>ddd</i> (2.5) (2.5, 1.4, 1.4)	1.682	4.58 <i>br dd</i> (10.0, 5.0)	2.050	
2a	0.960	0.806	0.324 <i>d</i> , 0.556 <i>d</i> (4.4)	0.882	0.960	0.848 <i>d</i> (7.6)	0.994 <i>d</i> (6.8)	4.660, 4.670	1.638	3.27 <i>br dd</i> (10.0, 5.0)	—	
2b	0.964	0.806	0.322 <i>d</i> , 0.554 <i>d</i> (4.8)	0.882	0.964	0.848 <i>d</i> (7.6)	0.806 <i>t</i> (7.6)	4.656 <i>d</i> , 4.724 <i>ddd</i> (2.4) (2.4, 1.4, 1.4)	1.566	3.27 <i>br dd</i> (10.0, 5.0)	—	
3a	1.098	1.046	0.572 <i>d</i> , 0.786 <i>d</i> (4.6)	0.898	0.790	0.870 <i>d</i> (6.1)	1.002 <i>d</i> (7.1)	4.662, 4.674	1.642	—	—	
3b	1.098	1.044	0.576 <i>d</i> , 0.786 <i>d</i> (4.6)	0.894	0.988	0.866 <i>d</i> (7.0)	0.806 <i>t</i> (7.6)	4.666 <i>d</i> , 4.728 <i>ddd</i> (2.3) (2.3, 1.4, 1.4)	1.574	—	—	
4a	0.888	0.848	0.338 <i>d</i> , 0.576 <i>d</i> (4.5)	0.888	0.954	0.874 <i>d</i> (7.0)	1.084 <i>d</i> (7.1)	—	2.128	4.55 <i>br dd</i> (9.0, 5.1)	2.054	
4b	0.888	0.848	0.338 <i>d</i> , 0.576 <i>d</i> (4.5)	0.888	0.952	0.864 <i>d</i> (7.0)	0.868 <i>t</i> (6.4)	—	2.108	4.55 <i>br dd</i> (9.0, 5.1)	2.052	
4c	0.888	0.846	0.336 <i>d</i> , 0.572 <i>d</i> (4.5)	0.888	0.952	0.888 <i>d</i> (7.0)	1.084 <i>d</i> (6.8)	—	2.126	4.55 <i>br dd</i> (10.0, 5.0)	2.052	
5a	0.888	0.846	0.334 <i>d</i> , 0.578 <i>d</i> (4.2)	0.888	0.954	0.866 <i>d</i> (6.5)	2.140	—	—	4.55 <i>br dd</i> (10.0, 5.0)	2.050	
5b	0.888	0.846	0.336 <i>d</i> , 0.574 <i>d</i> (4.2)	0.888	0.952	0.866 <i>d</i> (6.5)	1.046 <i>t</i> (7.3)	—	—	4.55 <i>br dd</i> (10.0, 5.0)	2.052	

7a	0.842 <i>d</i> (6.1)	—	0.144 <i>d</i> , 0.402 <i>d</i> (4.2)	0.888	0.960	0.858 <i>d</i> (5.9)	0.996 <i>d</i> (7.0)	4.660, 4.670	1.640	4.55 <i>br dt</i> (10.0, 10.0, 5.0)	2.050
7d	0.842 <i>d</i> (5.8)	—	0.144 <i>d</i> , 0.404 <i>d</i> (4.2)	0.898	0.960	0.858 <i>d</i> (5.8)	—	0.866 <i>d</i> (6.4)	0.866 <i>d</i> (6.4)	4.52 <i>br dt</i> (10.0, 10.0, 5.0)	2.052
7e	0.842 <i>d</i> (5.6)	—	0.146 <i>d</i> , 0.404 <i>d</i> (4.1)	0.896	0.970	0.892 <i>d</i> (6.0)	4.668 <i>br s</i> 4.712 <i>br s</i>	1.026 <i>d</i> (6.8)	1.026 <i>d</i> (6.8)	4.52 <i>br dt</i> (10.0, 10.0, 5.0)	2.050
8a	0.914 <i>d</i> (6.1)	—	0.838	—	0.528	0.852 <i>d</i> (6.1)	0.994 <i>d</i> (7.1)	4.658, 4.668	1.638	4.40 <i>br dt</i> (10.8, 10.8, 4.0)	2.054
8b	0.912 <i>d</i> (6.3)	—	0.838	—	0.528	0.850 <i>d</i> (5.9)	0.804 <i>t</i> (7.6)	4.654 <i>d</i> , 4.724 <i>ddd</i> (2.4), (2.4, 1.4, 1.4)	1.576	4.40 <i>br dt</i> (10.5, 10.5, 4.1)	2.050
9a	0.980 <i>d</i> (6.8)	—	0.926	—	0.528	0.992 <i>d</i> (6.8)	0.992 <i>d</i> (6.8)	4.654, 4.668	1.638	3.12 <i>m</i>	—
9b	0.980 <i>d</i> (6.8)	—	0.916	—	0.524	0.980 <i>d</i> (6.8)	0.822 <i>t</i> (5.9)	4.650 <i>br d</i> , 4.718 <i>ddd</i> (2.4) (2.4, 1.4, 1.4)	1.562	3.12 <i>m</i>	—
10a	0.994 <i>d</i> (6.8)	—	1.076	—	0.556	0.926 <i>d</i> (6.8)	0.994 <i>d</i> (6.8)	4.658, 4.668	1.638	—	—
11a	0.992 <i>d</i> (6.8)	—	0.836	—	0.528	0.858 <i>d</i> (6.1)	1.082 <i>d</i> (6.8)	—	2.128	4.52 <i>br dt</i> (10.8, 10.8, 4.0)	2.054
11b	0.902 <i>d</i> (7.4)	—	0.836	—	0.524	0.850 <i>d</i> (6.8)	0.866 <i>d</i> (6.8)	—	2.108	4.52 <i>br dt</i> (10.5, 10.5, 4.1)	2.054
12a	0.854 <i>d</i> (6.3)	—	0.834	—	0.754	0.888 <i>d</i> (6.3)	0.854 <i>d</i> (6.3)	0.854 <i>d</i> (6.3)	0.854 <i>d</i> (6.3)	4.52 <i>br dt</i> (10.5, 10.5, 4.1)	2.052

Signals are singlets unless stated otherwise. Coupling constants are shown in parentheses. Olefinic proton signals (C-7) were also observed at 5.176 *m* (**8a**), 5.176 *m* (**8b**), 5.178 *m* (**9a**), 5.174 *m* (**10a**), 5.178 *m* (**11a**) and 5.170 *m* (**11b**).

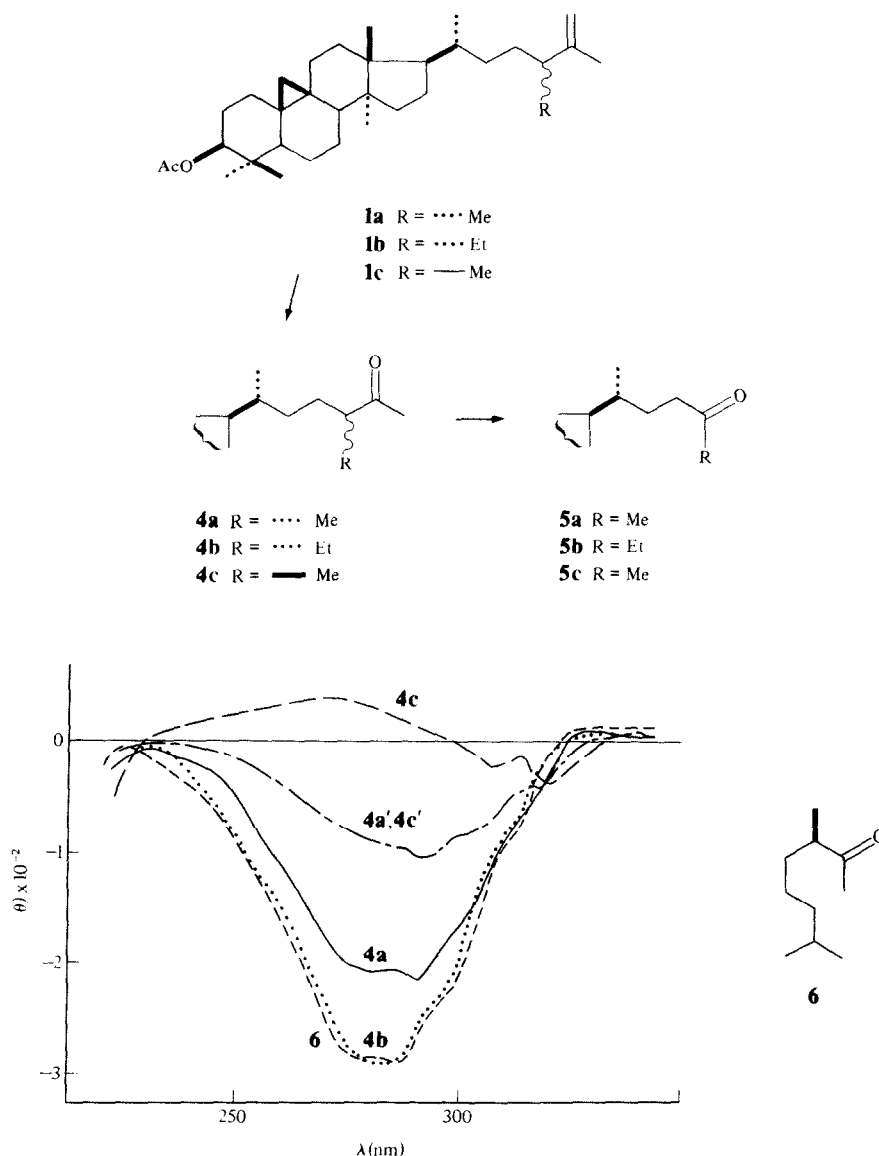


Fig. 1. CD curves of methyl and ethyl ketones.

acetate [14, 15]. Compound **1d** was identified as cycloartanyl acetate [14–16].

The second fraction, ND-22, was a mixture of at least seven components including β -amyrin acetate and dryocrassyl acetate. Overlap with the next fraction of the three compounds **8b**, **1a''**, and **1b''** was proved by GC/MS. Compound **C** in Table 3 was very interesting because it seemed to be the acetate of a C_{33} -cycloartane derivative from its GC/MS, but further investigation of this compound was not successful.

Fraction ND-23 consisted of three components, one of which was a methyl sterol derivative (**8b**, described below). Two compounds, **1a''** and **1b''**, were proved to be identical to **1a** and **1b** of *P. formosanum*, respectively. The absolute configuration at C-24 of **1a''** was also established to be the same as that of **1a** (24*R*).

From the next fraction, ND-24, **7a**, **1a''** and **1f** were isolated. Compound **7a** had the molecular formula

$C_{32}H_{52}O_2$ and the identity of the structure of the side chain as that of **1a** as well as the 31-nor structure like **7d** was established by comparison of the 1H NMR and mass spectra with those of **1a** and **7d**. Thus, **7a** was concluded to be 31-norcyclolaudenyl acetate, which was first reported from *Polypodium vulgare* [17]. The absolute configuration at C-24 was unknown. Meanwhile, **1f** had the molecular formula $C_{34}H_{56}O_2$ and the nucleus part of the compound was proved to be the same as **1a–1e** by comparison of its mass and 1H NMR spectra. The presence of two methyl groups at C-24 and a double bond at C-25 was also established by the 1H NMR spectrum. Thus, **1f** was proved to be 24,24-dimethylcycloart-25-enyl acetate (the corresponding acetate of cycloneolitsin [18, 19] or cyclobalanone [20]).

Fraction ND-25 consisted mainly of **1e**, which was identified with 24-methylenecycloartanyl acetate [21]. Both fractions ND-26 and ND-27 were mixtures of a

Table 3. Cycloartane triterpenoids and 4-methyl sterols of *Polypodium niponicum*

Fraction	Weight (mg)	RR _f	MS fragments	Compound
ND-21	130	3.18	456, 283, 288	7d
		3.73	470, 297, 288	1d
		6.42	470, 191, 189	A
ND-22	100	3.73	468, 218, 204	B
		4.08	458, 283, 288	—
			468, 327, 269	(8b)
		4.61	482, 297, 300	(1a)
		5.60	496, 297, 314	(1b)
		6.40	470, 191, 189	(A)
		6.40	510, 297, 328	C
ND-23	120	4.08	468, 327, 269	8b
		4.61	482, 297, 300	1a
		5.60	496, 297, 314	1b
ND-24	200	3.93	468, 283, 300	7a
		4.61	482, 297, 300	(1e)
		5.70	496, 297, 314	1f
ND-25	70	3.93	468, 283, 300	7a
		4.66	482, 297, 300	1e
ND-26	200	3.69	454, 370, 327	(8a)
		3.93	468, 283, 300	7e
ND-27	130	3.69	454, 370, 327	8a
		3.93	468, 283, 300	(7e)

Compounds in parentheses were not isolated. **A**: Dryocrassyl acetate [1]. **B**: β -Amyrin acetate [1]. **C**: Acetate of unknown C₃₃-cycloartane derivative.

methyl sterol (**8a**) and **7e** in different ratios. Compound **7e** was proved to be identical to cycloeucalenyl acetate by its ¹H NMR and mass spectra [6, 22].

As mentioned above, eight kinds of cycloartane derivatives were identified from this plant and the results were quite different from those obtained from *P. formosanum*. On the other hand, the alcohols corresponding to **1a**, **1d**, **1e**, **7a**, **7d** and **7e** were reported from the saponified extract of the rhizomes of *Polypodium vulgare* [14, 15, 17], although some ambiguity remained in the absolute configuration at C-24 of **1a** and **7a**. If we consider the unpublished data from our laboratory, the cycloartane triterpenoids seem to be widely distributed among polypodiaceous ferns. We also found that the combination of silver nitrate-silica gel chromatography and HPLC was very effective in separating these compounds from each other.

As far as ¹H NMR spectra of these compounds (Table 3) are concerned, the assignments were confirmed by CHCl₃-C₆D₆ solvent shift and lanthanide shift. The following common features were observed. (1) The signals of the C-19 methylene of the cyclopropane ring were observed at very high field in 31-nor compounds (**7a**, **7d** and **7e**), and at very low field in 3-one compounds (**3a** and **3b**) [17]. (2) A splitting pattern of endomethylene signals of four types was observed: (a) 25(26)-ene having a methyl group at C-24 (**1a**, **1c**, **2a**, **3a** and **7a**); (b) 25(26)-ene having an ethyl group at C-24 (**1b**, **2b** and **3b**); (c) 25(26)-ene having two methyl groups at C-24 (**1f**); and (d) 24(28)-ene (**1e** and **7e**). The splitting patterns were found to be a very effective means of distinguishing the compounds from each other.

Two new methyl sterols, **8a** and **8b**, were also obtained from ND-27 and ND-23, respectively. Compound **8a** had the molecular formula C₃₁H₅₂O₂; the molecular formula of the corresponding alcohol (**9a**), obtained by hydrolysis of **8a**, was C₂₉H₅₀O. CrO₃ oxidation of **9a** afforded the ketone **10a**. The mass spectra (Table 1) of **8a**, **9a** and **10a** demonstrated that these compounds had a C₂₀ nucleus and a C₉ side chain. The ¹H NMR spectra (Table 2) of **8a**, **9a** and **10a** indicated that the structure of the side chain of these derivatives was the same as that of **1a** or **7a**. The absolute configuration of C-24 in **8a** was proved to be (24*R*) by the CD curve of **10a**. Liebermann tests and the ¹H NMR spectra of these derivatives indicated that the compounds had a steroid nucleus with 3 β -hydroxyl and 4 α -methyl groups, because a 3 α -proton signal appeared as a broad triplet (*J* = 10.8, 10.8 and 4.0) such as those of the 31-norcycloartane derivatives (**7a**, **7d** and **7e**), and the doublet methyl signal at δ 0.914 (**8a**) shifted to 0.980 (**9a**) and 0.994 (**10a**). The trisubstituted double bond was concluded to be at the $\Delta^{7(8)}$ position because the splitting pattern of the C-7 proton resembled those of Δ^7 -triterpenoids like fern-7-ene and multiflor-7-ene [1], and the signal of the C-18 methyl group was observed at very high field (0.524–0.528 in **8a**, **9a** and **11a**). The fact that the reaction of **8a** under catalytic hydrogenation conditions afforded an isomer having a tetrasubstituted double bond at the $\Delta^{8(14)}$ position also gave evidence for the position of the double bond at $\Delta^{7(8)}$ in **8a**. Thus, the structure of **8a** was established to be (24*R*)-4 α ,24-dimethylcholesta-7,25-dien-3 β -yl acetate.

The second compound, **8b**, had the molecular formula C₃₂H₅₂O₂. Compound **8b** gave the alcohol **9b**, C₃₀H₅₀O. The mass spectra of **8b** and **9b** suggested these compounds to be homologues of **8a** and **9a** having an extra methylene in the side chain, respectively. The fact that the ¹H NMR spectra of the side chain part of **8b** and **9b** were very similar to those of **1b** and **2b** indicated that these compounds also had 24-ethyl structures. Oxidation of **8b** gave the methyl ketone **11b**, the CD curve of which established the absolute configuration to be (24*R*). As the structure of the nucleus part of **8b** was demonstrated to be the same as that of **8a** by its ¹H NMR spectrum, **8b** was established to be (24*R*)-4 α -methyl-24-ethylcholesta-7,25-dien-3 β -yl acetate.

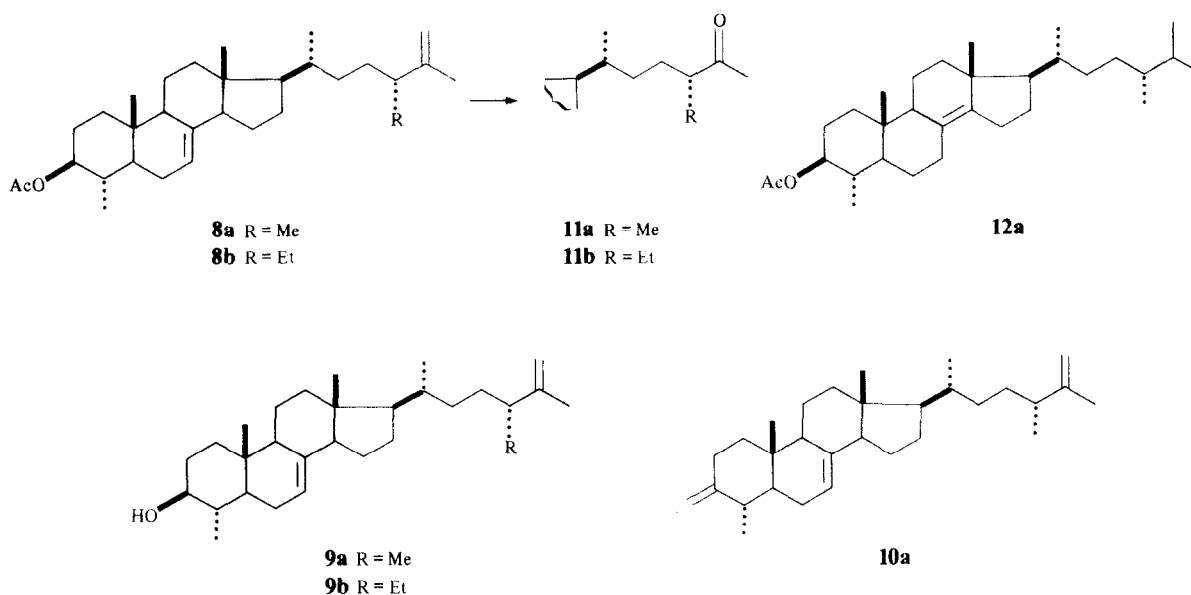
It is very interesting to note that all the 24-methyl compounds including campesterol as well as all the 24-ethyl compounds including sitosterol had the same (24*R*)-configuration, and the new biogenetic sequences cycloartenol \rightarrow **1a** \rightarrow **7a** \rightarrow **8a** \rightarrow campesterol and cycloartenol \rightarrow **1b** \rightarrow **7b** (not identified) \rightarrow **8b** \rightarrow sitosterol could be speculated to occur in these fern plants.

EXPERIMENTAL

General procedures were as described previously [1]. $[\alpha]_D^{25}$ were observed in CHCl₃ soln (*c* 0.2–0.5) at 22–24°. GC was performed on a 1 m glass column containing Chromosorb G HP with 1.4% SE-30 at 260°. Cholestane was used as internal reference.

Plant materials. *Polypodium formosanum* was collected at Wulai, Taipei on 26 August 1971 (FF-690) [1]. *Polypodium niponicum* was collected at Tomisawa, Yamanashi Prefecture on 24 May 1980 (F800504). Voucher specimens have been deposited at the Herbarium of the Laboratory of Phytochemistry, Shōwa College of Pharmaceutical Sciences, Tokyo.

Components of the dried rhizomes of *Polypodium formo-*



sanum. The fractions obtained from the same material (3.4 kg) described earlier [1] were used.

(24R)-Cyclolaudenyl acetate (**1a**) and (24R)-cyclomargenyl acetate (**1b**). Fraction F-3 (23.0 g) was chromatographed on alumina and silica gel repeatedly to give a mixture (1:1) of **1a** and **1b** (9.2 g). The mixture was separated into two components by AgNO_3 -silica gel prep. TLC followed by recrystallization from Me_2CO . Compound **1a**, more polar, colourless plates, mp 127–128°, $[\alpha]_D + 53.5^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 1735, 1250, 1040; 3070, 1647, 888; 3050. (Found: C, 82.09; H, 11.27. $\text{C}_{33}\text{H}_{54}\text{O}_2$ requires: C, 82.00; H, 11.34%). Compound **1b**, less polar, colourless plates, mp 144–145°, $[\alpha]_D + 50.5^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 1735, 1250, 1040; 3070, 1647, 888; 3050. (Found: C, 82.20; H, 11.36. $\text{C}_{34}\text{H}_{56}\text{O}_2$ requires: C, 82.07; H, 11.47%).

26-Nor-25-oxocyclolaudenyl acetate (**4a**) and 26-nor-25-oxocyclomargenyl acetate (**4b**). (a) Compounds **1a** and **1b** (1.0 g of each) were separately oxidized with 3% O_3/O_2 in CHCl_3 soln at -60° and treated with Zn powder in HOAc. The products were chromatographed on silica gel and the eluates were recrystallized from MeOH to give **4a** (0.85 g) and **4b** (0.90 g), respectively. Compound **4a**, colourless plates, mp 142°, $[\alpha]_D + 58.4^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 1730, 1240, 1022; 1710; 3050. CD $[\theta]_{305} - 90.9^\circ$. Compound **4b**, colourless plates, mp 125–126°, $[\alpha]_D + 51.5^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 1730, 1250, 1025; 1710; 3050. CD $[\theta]_{290} - 214.6^\circ$. The CD curves of these specimens indicated them to be partially epimerized. (b) Compounds **1a** and **1b** (30 mg of each) were separately oxidized with 3% O_3/O_2 in a $n\text{-C}_6\text{H}_{14}$ soln at -60° and treated as above. The oily specimens, **4a** and **4b**, obtained after chromatography gave the CD curves of highest intensity (Fig. 1). Addition of MeOH to the oils gave crystals having the same mp and IR and ^1H NMR spectra as those of **4a** and **4b** described above.

26,27-Bisnor-24-oxocycloartanyl acetate (**5a**). Compound **4a** (100 mg) in THF (10 ml) and $t\text{-BuOH}$ (30 ml) with potassium (200 mg) was bubbled with O_2 at 5° for 10 min. After the mixture had been warmed at 70° for 20 min, the products were extracted with Et_2O and acetylated with Ac_2O -pyridine. Compound **5a** was obtained by prep. TLC (silica gel) and recrystallized from MeOH; 25 mg, colourless plates, mp 167° , $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 1730, 1250, 1025; 1710; 3050.

27-Nor-24-oxocycloartanyl acetate (**5b**). Compound **4b**

(50 mg) was treated in the same way as **5a**. Compound **5b** obtained by chromatography on alumina and prep. GC was an oil. $\text{IR } \nu_{\text{max}}^{\text{film}} \text{ cm}^{-1}$: 1730, 1250, 1025; 1710; 3050.

(3R)-(-)-3,7-Dimethyloctan-2-one (**6**). Catalytic hydrogenation of (+)-citronellol (25 g, 75% purity), $[\alpha]_D + 2.30^\circ$ (neat), followed by acetylation with Ac_2O -pyridine gave (+)-dihydrocitronellyl acetate (12.7 g), $[\alpha]_D + 1.16^\circ$ (neat), which was heated drop by drop at 500° in N_2 atmosphere to give (3R)-(-)-3,7-dimethyloct-1-ene (3 g), $[\alpha]_D - 4.49^\circ$ (neat) [23]. ^1H NMR: δ 0.87 (6H, d , $J = 6$ Hz), 0.90 (3H, d , $J = 6$ Hz), 5.71 (1H, *octet*, $J = 17, 9.5, 7$ Hz), 4.88 (1H, q , $J = 3, 9.5$ Hz), 4.93 (1H, q , $J = 3.17$ Hz). Oxidation of the compound with m -chloroperbenzoic acid in CH_2Cl_2 gave (3R)-(+)-3,7-dimethyloctan-1,2-oxide (1.7 g), $[\alpha]_D + 0.62^\circ$ (neat), LiAlH_4 treatment of which in Et_2O afforded (3R)-(+)-3,7-dimethyloctan-2-ol (1.1 g), $[\alpha]_D + 6.8^\circ$. CrO_3 -pyridine oxidation of the compound afforded **6** (650 mg), $[\alpha]_D - 3.2^\circ$ (neat), after chromatography (silica gel). ^1H NMR: δ 0.88 (6H, d , $J = 6$ Hz), 0.97 (3H, d , $J = 6$ Hz), 2.11 (3H, s). Because of the impurity (geraniol) of the starting material, the optical purity of **6** was ca 80%.

(24R)-Cyclolaudenol (**2a**) and (24R)-cyclomargenol (**2b**). (a) Fraction FA-5 (6.7 g) [1] was chromatographed on alumina and separated by prep. TLC (silica gel) into a 1:1 mixture of **2a** and **2b** (270 mg). The mixture was separated into individual compounds by prep. GC using 1.4% SE-30 on Chromosorb G HP column, or by chromatography on 20% AgNO_3 -silica gel column after acetylation as **1a** and **1b**. Compound **2a**, colourless needles (MeOH), mp 123–124°, $[\alpha]_D + 36.5^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 3350, 1024; 3060, 1645, 880; 3040. EIMS: $[\text{M}]^+ m/z$ 440.4025. Calc. for $\text{C}_{31}\text{H}_{52}\text{O}$: 440.4017. Compound **2b**, colourless needles (MeOH), mp 134–136°, $[\alpha]_D + 34.3^\circ$, $\text{IR } \nu_{\text{max}}^{\text{KBr}} \text{ cm}^{-1}$: 3350, 1022; 3060, 1645, 880; 3040. EIMS: $[\text{M}]^+ m/z$ 454.4173. Calc. for $\text{C}_{32}\text{H}_{54}\text{O}$: 454.4174. (b) Compounds of **1a** and **1b** (50 mg of each) were separately treated with LiAlH_4 in Et_2O and the products were recrystallized from MeOH. The specimens were identical to **2a** and **2b** mentioned above, respectively, in every respect (mp, $[\alpha]_D$, GLC, EIMS, IR and ^1H NMR).

(24R)-Cyclolaudenone (**3a**) and (24R)-cyclomargenone (**3b**). (a) Fraction FA-4 (2.6 g) [1] was separated by chromatography on alumina (grade III) and prep. TLC (silica gel) to give a mixture (1:1) of **3a** and **3b** (300 mg), oil, which was crystallized

from MeOH, mp 121°. The mixture was separated into pure compounds by prep. GC, followed by recrystallization from MeOH. Compound **3a**, colourless needles, mp 105°, $[\alpha]_D^{25} + 14.2^\circ$. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1720; 3040, 1645, 880; 3050. EIMS: $[M]^+$ m/z 438.3858. Calc. for C₃₁H₅₀O: 438.3861. Compound **3b**, colourless needles, mp 122–124°, $[\alpha]_D^{25} + 13.4^\circ$. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1720; 3040, 1645, 880; 3050. EIMS: $[M]^+$ m/z 452.4060. Calc. for C₃₂H₅₂O: 452.4017. (b) Compounds **2a** and **2b** (30 mg of each), prepared from natural acetates, were separately oxidized with CrO₃–pyridine. The products were chromatographed on Florisil and recrystallized from MeOH. The specimens were identical to **2a** and **2b** mentioned above in every respect (mp, $[\alpha]_D$, GLC, EIMS, IR and ¹H NMR).

Components of the fresh rhizomes of Polypodium niponicum. The fresh rhizomes (7.14 kg) were extracted 3 × with *n*-C₆H₁₄ to give H₂O (4.2 kg) and an extract (56.1 g), the latter of which was chromatographed 2 × on silica gel. The *n*-C₆H₁₄–C₆H₆ (1:1) eluate (1.3 g) consisted mainly of acetates of the cycloartane triterpenoids, which were chromatographed on 20% AgNO₃–silica gel to give seven fractions, ND-21 to ND-27. These were checked by GC/MS as shown in Table 3.

31-Norcycloartanyl acetate (7d) and cycloartanyl acetate (1d). ND-21 was recrystallized from Me₂CO to remove dryocrassyl acetate (60 mg), and the filtrate (70 mg) was chromatographed on 20% AgNO₃–silica gel to give two fractions (ND-211 and ND-212). ND-211 (22 mg) was separated into **7d** (10 mg) and **1d** (10 mg) by HPLC [Radial Pak 8C1810, MeOH–CHCl₃–H₂O (74:16:10)]. Compound **7d**, colourless plates (Me₂CO), mp 91–92°, $[\alpha]_D^{25} + 45.6^\circ$ (lit. [14] mp 98–100°, $[\alpha]_D^{25} + 57^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1729, 1248. EIMS: $[M]^+$ m/z 456.3969. Calc. for C₃₁H₅₂O₂: 456.3966. Compound **1d**, colourless plates (Me₂CO), mp 130–132°, $[\alpha]_D^{25} + 56.0^\circ$ (lit. [16] mp 130–132°, $[\alpha]_D^{25} + 59^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1730, 1252. EIMS $[M]^+$ m/z 470.4149. Calc. for C₃₂H₅₄O₂: 470.4123. ND-212 (45 mg) was separated into **7a** (20 mg) and **1a** (20 mg) by HPLC. These specimens were identified with those described below (mp, $[\alpha]_D$, GC, EIMS, ¹H NMR).

(24R)-Cyclolaudenyl acetate (1a'') and cyclomargenyl acetate (1b''). ND-23 was recrystallized to remove a steroidal component (30 mg, **8b**). The mother liquor was separated into **1a''** (15 mg) and **1b''** (a trace). Compound **1a''**, colourless plates (Me₂CO), mp 125–127°, which was identified with **1a** (GC, IR, EIMS, ¹H NMR). O₃–Oxidation of **1a''** gave the methyl ketone **4a''**, $[\theta]_{290} - 289^\circ$. Thus **1a''** was proved to be identical to **1a**. Compound **1b''** was also identified with **1b** (GC/MS, ¹H NMR).

31-Norcyclolaudenyl acetate (7d) and 24,24-dimethyl-cycloart-25-enyl acetate (1f). ND-24 was separated into three components, **7a** (100 mg), **1a''** (50 mg) and **1f** (9 mg), by HPLC. Compound **7a**, colourless plates (Me₂CO), mp 105–107° (lit. [17] mp 108–110°, $[\alpha]_D^{25} + 52.9^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1735, 1242; 3060, 1645, 880; 3040. EIMS: $[M]^+$ m/z 468.3999. Calc. for C₃₂H₅₂O₂: 468.3966. Compound **1f**, colourless needles (Me₂CO), mp 176–179°, $[\alpha]_D^{25} + 53.2^\circ$ (lit. [19] mp 177–181°, $[\alpha]_D^{25} + 58.0^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1735, 1245; 3070, 1640, 890; 3035. EIMS: $[M]^+$ m/z 496.4298. Calc. for C₃₄H₅₆O₂: 496.4279.

24-Methylenecycloartanyl acetate (1e). ND-25 was separated into **1e** (65 mg) and **7a** (a trace) by HPLC. Compound **1e**, colourless needles (Me₂CO), mp 118–120°, $[\alpha]_D^{25} + 57^\circ$ (lit. [21] mp 116–117°, $[\alpha]_D^{25} + 54.0^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1738, 1245; 3070, 1640, 885; 3030. EIMS: $[M]^+$ m/z 482.4127. Calc. for C₃₃H₅₄O₂: 482.4123.

Cycloeculalenyl acetate (7e). ND-26 was chromatographed on 20% AgNO₃–silica gel to give two fractions of **7e** and **8a**, the former of which was purified by HPLC. Compound **7e**, colourless needles (Me₂CO), mp 108–109°, $[\alpha]_D^{25} + 55.0^\circ$ (lit. [22] mp 110°, $[\alpha]_D^{25} + 63.0^\circ$). IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1735, 1243; 3060, 1640, 890,

880; 3035. EIMS: $[M]^+$ m/z 468.3994. Calc. for C₃₂H₅₂O₂: 468.3966.

(24R)-4α,24-Dimethylcholesta-7,25-dien-3β-yl acetate (8a). Compound **8a** obtained from ND-27 was recrystallized from Me₂CO. Compound **8a** (45 mg), colourless plates, mp 167–168°, $[\alpha]_D^{25} + 22.7^\circ$. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1740, 1240, 1038; 3040, 1640, 894; 820. (Found: C, 81.58; H, 11.37. C₃₁H₅₂O₂ requires: C, 81.88; H, 11.08 %.) (b) Compound **8a** was also obtained from NA-2 (35 mg) and NC-3 (50 mg) [1].

(24R)-4α-Methyl-24-ethylcholesta-7,25-dien-3β-yl acetate (8b). (a) Fraction ND-23 was recrystallized from Me₂CO to give **8b** (30 mg), colourless plates, mp 167°, $[\alpha]_D^{25} + 25.8^\circ$. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1740, 1250; 3040, 1640, 894, 820. (Found: C, 81.72; H, 11.32. C₃₂H₅₂O₂ requires: C, 81.99; H, 11.18 %.) (b) Compound **8b** was also obtained from NA-2 (35 mg) and NC-3 (35 mg) [1].

(24R)-4α,24-Dimethylcholesta-7,25-diene-3β-ol (9a) and (24R)-4α-methyl-24-ethylcholesta-7,25-dien-3β-ol (9b). Compounds **8a** and **8b** (20 mg of each) were separately treated with LiAlH₄ in Et₂O and the products were passed through an Al₂O₃ column. Compound **9a**, colourless plates (MeOH), mp 175–177°, $[\alpha]_D^{25} + 2.7^\circ$. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 3350, 1020; 1640, 880. Compound **9b**, colourless plates (MeOH), mp 162–164°. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 3350, 1020; 1640, 880.

(24R)-4α,24-Dimethylcholesta-7,25-dien-3-one (10a). Compound **9a** (10 mg) was oxidized with CrO₃–pyridine. Compound **10a**, colourless plates (MeOH), mp 149–151°. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1710; 1640, 880.

(24R)-26-Nor-25-oxo-4α,24-dimethylcholest-7-en-3β-yl acetate (11a) and (24R)-26-nor-25-oxo-4α-methyl-24-ethylcholest-7-en-3β-yl acetate (11b). Compounds **8a** and **8b** (10 mg of each) were separately treated with OsO₄ (10 mg) in a C₆H₆–pyridine soln for 5 hr at room temp., and with Na₂SO₃ and EtOH for 5 hr at 100°. The crystalline products were oxidized with neutral Pb(OAc)₄ in dry C₆H₆, and the products were chromatographed on silica gel. Compound **11a** (8 mg), colourless needles (Me₂CO), mp 145°. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1730, 1245; 1710, 820. CD $[\theta]_{297} - 1756^\circ$, $[\theta]_{302} - 1727^\circ$. Compound **11b** (7 mg), needles (Me₂CO), mp 140°. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1730, 1245; 1710; 825. CD $[\theta]_{300} - 2115^\circ$.

4α,24-Dimethylcholest-8-(14)-en-3β-yl acetate (12a). Compound **8a** (30 mg) was treated with H₂–Pt₂O in an EtOAc soln for 1.5 hr. The product was recrystallized from EtOH. Compound **12a**, colourless plates, mp 103–105°. IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 1735, 1245.

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